

The Authentic Path

Spiritual Reflection and Self Discovery through THE WAY OF THE HORSE

Throughout the ages philosophers, mystics, gurus and religious leaders have taught countless ways of realizing our spiritual nature. Perpetually seeking the Divine, humankind strives to align with the energy of Creation.

The challenge in today's modern world is discovering a spiritual approach that fits our busy lifestyles and noisy environments. **The Authentic Path** is an empowering, practical, faith sustaining journey that :

- ◆ Quiets the Mind and engages the Spirit
- ◆ Develops **Emotional Intelligence** and resiliency through sense oriented, non-verbal awareness
- ◆ Rewires how emotions and reasoning are processed, allowing self-mastery to emerge
- ◆ Changes how we perceive both form and formless, becoming **transparent to the transcendent** (per mythology expert Joseph Campbell)
- ◆ Engages the science of **embodied wisdom**, the consciousness inherent in the neural networks of heart and gut (enteric nervous system)
- ◆ Affirms the Soul and metaphysical truth within



TERRY MURRAY Workshop Facilitator

Approved Epona Instructor, Professional Coach, author and founder of Performance Transformation, LLC.

www.performtransform.com

Terry studied for over a year with Linda Kohanov, Epona founder and author of *The Tao of Equus*, *Riding Between the Worlds* and *Way of the Horse*. He co-created the **Warriors in Transition** award winning program and is currently a board member of The Epona Quest Foundation.

Terry's book *The Transformational Entrepreneur ~ Engaging The Mind, Heart & Spirit for Breakthrough Business Success* is available at Amazon.com and select book retailers.



**An Equine Experiential Learning
Transformational Workshop
based on the Epona™ Approach**
Wed/Thurs. October 5 & 6, 2011
\$600.00

Location: Equine 808 Horse Rescue,
Kunia Loa Ridge, Oahu, Hawaii

Horses are sensitively attuned to the environment through a highly evolved survival warning system. Even at a distance they can detect wavelengths of emotional energy we transmit *non-verbally*.

As they mirror our emotional presence without judgment, a reflective *self perspective* emerges in our conscious awareness.

The Authentic Path workshop utilizes mindful tools and ground based equine experiential exercises to migrate from heart to head. Includes a 21 page workbook for use in your daily life.

Attendance limited to 8 participants

To reserve your space, contact:

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Or register online at:
www.palmariecommunity.org